

Medb's Dragon Warriors Club Constitution

1. Club Title

Medb's Dragon Warriors

2. Our Motto

Be Kind

Be Brave

Be Fierce

Embrace your Inner Dragon

3. Objectives

The object for which the club is established is to promote health and wellbeing in Sligo through the amateur sport of Dragon Boating.

4. Powers

To the extent that the same are essential and ancillary to the promotion of the object of the club as heretofore set out the club may exercise the following powers:

- To promote opportunities and facilities to enable, assist and enhance participation, enjoyment, and performance of members.
- To represent the interests of Medb's Dragon Warriors both as a Cancer Survivor and Supporter Dragon Boat Club.
- To promote living well with and beyond cancer, celebrating life.
- To promote, develop and coordinate training and events of Dragon Boating.
- To affiliate and cooperate with other clubs and organisations, Sport Ireland, and the Irish Dragon Boat Association (IDBA) hence ensuring the positive development of Medb's Dragon Warriors and its members in the sport of Dragon Boating.
- To comply with Anti-Doping and Code of Ethics as set out by Sport Ireland and the IDBA.
- Safety of all participating in Dragon Boat activities is priority at all times (refer to club safety guidelines).

5. Membership

- Cancer Survivors and their family members, supporters, and family members of those lost to cancer. Although our core membership has a link to cancer, all adults (>18yrs) are welcome to join as members.
- Members are not permitted to hold memberships with other Dragon Boat clubs.
- Annual Membership runs from Jan 31st to Jan 31st.
- Membership fee is non-refundable.
- Membership types can be added and expanded to promote and enhance further development the club.
- Membership will be renewed annually and applicable policies signed. Owners of multiple year membership must complete a refresher membership each year and sign applicable policies.

6. Committee Formation

- Main committee will comprise of Chairperson, Secretary, Treasurer, whom will also act as trustees for the club. Committee quorum will be 10% of club membership. Main committee members may commit for up to 3 years but may stand down or be re-elected at annual AGM. Trustees will be required to act as signatories on the club financial accounts and sign for and hold liability for any and all grant and funding applied for and received by the club. The Main committee will make the final vote on any and all decisions necessary for the maintenance and progression of the club.
- Sub-committee can comprise of additional members in roles such as Safety Officer, Helm representative, Safety boat crew representative, Club Members representative, Coach representative ...this list is not finite. Sub-committee members may commit for up to 3 years but may stand down at annual AGM or during annum upon consultation with Main Committee. Sub-committee is to report regularly to main committee. Any and all contributions by the Sub-committee members will be respected and given full consideration by the Main committee.
- Temporary sub-committees can be formed with member volunteers mid annum to assist with events/tasks over a finite period. These temporary sub-committees will report regularly to the main committee, and be disbanded on conclusion of event/task.

- Committee member resignations are to be discussed with at least one member of the main committee and subsequently given in written form either as a hardcopy or emailed to medbsdragonwarriors@gmail.com

7. Annual General Meeting (AGM)

- To be held at end of membership year
- Record of attendance
- Read the minutes of previous AGM
- Treasurer's report: Review of financial accounts from the previous year
- Secretary's Report: Review of grant applications and funding from the previous year; Review of activities from the previous year
- Outgoing committee if any, resignations to be emailed to medbsdragonwarriors@gmail.com
- Nominate new committee if required-propose and second nomination
- Plan of activities for the coming year
- Propose Grant and funding opportunities for the coming year

8. Disciplinary Procedures

- It is the responsibility of each club member to behave responsibly and respectfully while partaking in, or representing their club at, any training, meeting or event.
- It is the responsibility of each club member to abide by Club Governance and the Governance Code for Sport, Code of Ethics and Conduct set out by Sport Ireland and the IDBA <https://www.sportireland.ie/GovernanceCode>
<https://www.dragonboat.ie/documents-policies/>
- Helm and Coach have disciplinary authority while on the water.
- Committee will hold an Emergency General Meeting (EGM) to discuss and act on any behaviour causing harm or offence to club members by club members, any breach of Club Governance, Code of Ethics and Conduct as set out by Sport Ireland and the IDBA, or behaviour deemed detrimental to the good name of the Club.
- An offender will be given the opportunity to appeal a disciplinary action.

9. Grievance Procedure

- If a club member has a grievance or any issues relating to the running of the club, they can approach the Chair or any member of the committee, who will then raise it with the Chair on their behalf. Any grievances or issues will be listened to respectfully, taken seriously and treated confidentially.
- A member can choose a member representative to accompany them to a meeting where their grievance is to be discussed if they wish to do so.

10. Income and Property

- The income and property of the Club shall be applied solely towards the promotion of the object as set forth in this Constitution.
- No portion of the Club's income and property shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise howsoever by way of profit to members of the Club.
- No officer shall be appointed to any office of the Club paid by salary or fees or receive any remuneration or other benefit in money or money's worth from the Club.
- However, nothing shall prevent any payment in good faith by the Club of: a) reasonable and proper remuneration to any member or servant of the Club (not being an officer) for any services rendered to the Club; b) interest at a rate not exceeding 1% above the Euro Interbank Offered Rate (Euribor) per annum on money lent by an officer or other members of the Club to the Club; c) reasonable and proper rent for premises demised and let by any member of the Club (including any officer) to the Club; d) reasonable and proper out-of-pocket expenses incurred by any officer in connection with their attendance to any matter affecting the Club; e) fees, remuneration or other benefit in money or money's worth to any Company of which an officer may be a member holding not more than one hundredth part of the issued capital of such Company.

11. Winding Up

- If upon the winding up or dissolution of the Club there remains, after satisfaction of all debts and liabilities, any property whatsoever, it shall not be paid to or distributed among the members of the Club. Instead, such property shall be given or transferred to some other institution or institutions having objects similar to the objects of the Club. The institution or institutions to which the property is to be given or transferred shall prohibit the distribution of their income and property among their members to an extent at least as great as is imposed on the Club under or by virtue of the Income and Property clause hereof. Members of the Club shall select the relevant institution or institutions at or before the time of dissolution, and if and so far as effect cannot be given to such provisions, then the property shall be given or transferred to some charitable object.
- Final accounts will be prepared and submitted that will include a section that identifies and values any assets transferred along with the details of the recipients and the terms of the transfer.

12. Keeping of Accounts

- Annual Accounts shall be kept and made available to the Revenue Commissioners on request. Where the gross annual income exceeds €250,000 the accounts will be audited.

13. Additions, Alterations or Amendments

No addition, alteration or amendment shall be made to the provisions of the objects clause, the income and property clause, the winding up clause, the keeping of accounts clause or this clause of the Constitution for the time being in force unless the same shall have been previously approved in writing by the Revenue Commissioners. Keeping of Accounts. Annual Accounts shall be kept and made available to the Revenue Commissioners on request. Where the gross annual income exceeds €250,000 the accounts will be audited.

14. Miscellaneous

- Constitution can be reviewed and amended periodically.
 - All personal data provided by members will be used solely for the purpose of their club membership and ensuring their safety while taking part in club activities.
 - Members will agree or disagree to give their permission on the membership form, for their image and name to be shared on social media and on other communication and social media.
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