

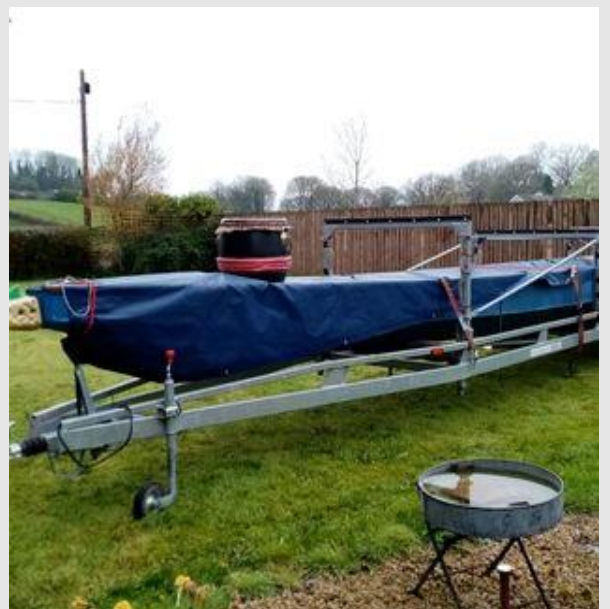
**Feb 2021**

**Getting fit on zoom thanks to Sligo Sports & Recreation Partnership and Clinic X**



**April 2021**

**Dragon Anna's arrival in Sligo**



**June 2021**

**Training begins in covid pods on the lawn**



**Aug 2021**

**Warming up after water safety training at the beach**



**Oct 2021**

**Launch Day at Waterglades**





NEWS

MIDDLETOWN Tuesday October 18, 2017

Head and club members taking part in a long day out on the water.

Ready for launch. Medb's Dragon.

All about Medb's in the region.

## Boat club gives chance to heal

Local dragon boat club has taken to the water to help members and guests from Medb's Dragon Boat Club. The club has been set up to help people with mental health issues and to help them to get back to work. The club has been set up to help people with mental health issues and to help them to get back to work. The club has been set up to help people with mental health issues and to help them to get back to work.

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***Sincere thanks to all who helped to get us on the water***