Feb 2021

Getting fit on zoom thanks to Sligo Sports & Receation Partnership and Clinic X



Club Development Irriors are making an impact! Doort a new club development project, Medb's

port a new club development project, Medb's itially aimed at forming a breast cancer waters this summer. In a short period of led a committee ready for the challenge to it of the club, and have 24 registered eir efforts, SSRP is supporting the club zoom fitness programme to build their fitness having fun, so they are ready for their Dragon this year.

n Clodagh Flynn stated "We are a new sports in November 2020. We are Sligo's first Dragon ership base of cancer survivors and their drancer through team sport. We have been

Sligo Sport and Recreation Partnership who are kick starting us for 2 rogram."

April 2021

Dragon Anna's arrival in Sligo





June 2021
Training begins in covid pods on the lawn



Aug 2021
Warming up after water safety training at the beach



Oct 2021

Launch Day at Waterglades

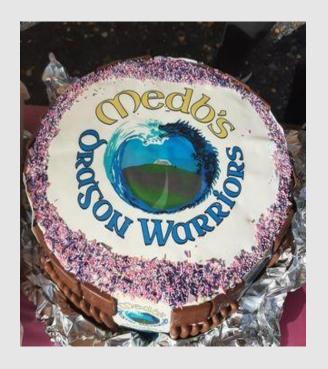








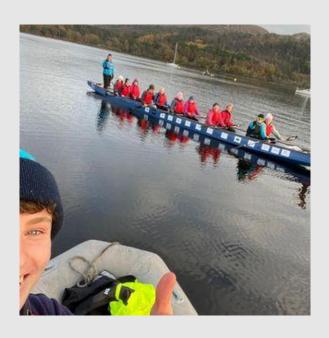














Sincere thanks to all who helped to get us on the water